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# **Ultimate Survival Instincts**

## ***Officer Safety and Career Survival for Law Enforcement***

<b>Hosted By:</b>	<b>Maryland Police and Correctional Commission</b>
<b>Location:</b>	6852 4 <sup>th</sup> St. Skylesville, Maryland
<b>Date:</b>	<b>May 7-8, 2012</b> <b>Time: 8am – 5pm</b>
<b>Accommodation:</b>	Maryland Police & Correctional Training Commission Dorm Rooms: Single/Double \$20/Night Contact Joanne: (410)875-3402 or Katie: (410)875-3523
<b>Approval:</b>	<b>MPCTC Course # P18204</b>

## **Ultimate Survival Instincts**

Instructed by nationally recognized highly experienced trainers, Ultimate Survival Instincts aims to impress upon its attendees that personal safety and career survival is truly up to the individual. This dynamic program utilizes video, meaningful statistics, case studies, and thought-provoking personal experiences to discuss a number of topics including the realities of the “Fatal Four” and our “Natural Survival Instincts”

### **“THE FATAL FOUR”**

**Examine the Most Common Causes  
Of Law Enforcement Fatalities**

- 1. Felonious Assaults**
- 2. Vehicle/Traffic Related Incidents**
- 3. Physical Conditioning**
- 4. Emotional Health**

### **OUR NATURAL SURVIVAL INSTINCTS:**

**How They Can Be Both an Asset and a Liability  
For the Modern Law Enforcement Officer**

- 1. Hyper-Fight:**  
\*Over-reaction in a Physical Confrontation
- 2. Flight/Freeze:**  
\*Cognitive Deterioration in High Stress Incidents
- 3. The Need:**  
\*to *Adapt and Reason* during Hostile Encounters
- 4. The Conflict:**  
\*Between Training and Natural Survival Instincts

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**COURSE FEE: \$179 PER PERSON**  
**Group Rates: 3+: \$159 Per Person**

**For More Information and to Register a Group Contact:**  
Brian (630)290-0059 or [brian@lifelinetraining.com](mailto:brian@lifelinetraining.com)